

## THE BACK PAGE

Llansawel WI from Briton Ferry, recently took 46 of their members to the Royal Mint in Llantrisant, thanks to the Big Lottery Fund.

A thoroughly enjoyable and informative tour with some surprising facts. We all left there knowing far more about the coins in our purses.

Our trip coincided with it being 'International Women's Day' and the management asked if we would pose with the female members of their staff in celebration.

**Fish and Chip Evening**—This is our traditional meal to begin the new season, and Mario from Irene's Supper Bar, arrived at the hall with trays of delicious food for us. Before that, we opened the meeting with Jerusalem then the welcomes and birthday greetings from our Vice President Diane Baker. Fire drill was announced by Ann Kent and the Minutes of the last meeting were read by June Davies. Pam Ralphs then kept us up to date with her secretarial duties, replying to invitations and forthcoming events. Pam Aldridge gave her financial report. After the meal we got down to solve the quizzes, and two teams tied for the picture quiz. We then held the raffle and people began to drift off home.

At our Social Meeting we had a demonstration of a form of Martial Arts by a volunteer from Amelia Trust Farm. After a brief talk about his background in teaching and helping teenagers get the most out of life, he began his talk and demonstration of the various forms of Tai Chi. We were all encouraged to have a go, and it was very calming and well received. He managed to get us all to take part even by those who chose to stay sitting down.

We have a full programme for this coming Summer season beginning with Royal Ascot Day on 5 June at 2pm.

*Diane Baker, Barry Highlight Park*



Maesteg WI had a visit from the Mayor of Bridgend County Borough during their Annual Meeting. Their President Ceri Reeves, had been nominated for a Citizenship Award by Committee member Cath Cody, and had

arranged for the certificate to be awarded at the Annual Meeting. The certificate was awarded to Ceri for her work with Maesteg WI, where she has served as President for most of their 21 years. She has kept the WI running during years when the Institute would have folded if it were not for her endeavours, persuading and encouraging people to stand for Committee. Maesteg WI is going from strength to strength, and starting off the next 21 years with a cocktail making class for their next meeting! Followed by their now legendary Summer Mystery Trip.

*Ceri Reeves, Maesteg WI*

May 2018 saw the end of an era for Carnegie Girls WI. The relatively new WI was established in 2015, and Sian Ponting was its first President. Sian decided to step down from the role this year, to give her more time with her family, and for other interests, but she will continue to be an active member of the WI. The ladies would like to thank Sian for her dedication, warmth, passion and hard work over the last 3 years, and to welcome Allyson Jones as our new President.

*Amanda Powell, Carnegie Girls WI*

We had a well attended meeting in March and our Speaker Helen Parr-Deveraux was both informative and engaging in the art of Yoga. Almost all who attended went on the mats following her gentle Yoga instruction, and most were surprised at what they could do. April's meeting was such fun for all who attended the Bon Marche Fashion Show. Our models were members who volunteered their services, and it was the perfect opportunity for them to 'Strut their Stuff'.

The RHS Show in Cardiff was a wonderful day trip for our members who love gardening and flowers. Even for those who did not like the gardening aspect, there was so much to see and do around the showground from food, jewellery and even clothes on sale. Something for everyone, and we all had a jolly good day out.

The 20 May saw a group take to the outdoors, embarking on our first Spring Walk. It was a 5 mile round trip to Carreg Bica, a large Bronze Age monolith that stands on top of Mynydd Drummau above Skewen. A great photo opportunity, accompanied by spectacular views made even more enjoyable by the beautiful weather. Well done! To everyone who took part.

*Diane Burns, Skewen WI*

Tuesday 7 June 1958 is a memorable date for Parkmill Women's Institute as it was our Inaugural Meeting. The first President was Susan Jones and the first Secretary was E Bailey. So what have we done to celebrate 60 years? At our May Meeting we had a talk on the Royal Jewels which involved a lot of Diamonds. This was followed by a lovely cake which was made by one of our members and decorated by the daughter of another member. Quite a few members also brought along photographs of themselves taken around 1958 and there was a lot of laughter trying to guess who was who! Two weeks later we went to Parc Le Breos House in Parkmill for a celebratory meal, which was enjoyed by everyone. The food was excellent and the company even better! It was good to have some of our older members, who are no longer able to come to meetings regularly, join us on that evening. The month of May was rounded off by a group of us going to Ffos Las Race Course for a behind the scenes tour and a race meeting. We had a few winners and also 'if only I'd backed that one'!

*Diana Morgan, Parkmill WI*

On Friday 18 May, 39 Ladies from 16 WIS walked Pen y Fan, lead by our Chairman, Ann Davies. The event was held by Sports & Leisure Sub-Committee at the request of the Chairman, Ann Davies. The weather was ordered in advance and it was a beautiful day indeed. All ladies completed the challenge.

At the summit we massed and sang our best rendition of Jerusalem, attracting the attention of others at the summit, including a lady from Swindon WI, who had her photograph taken with us.

*Marilyn McNeil, Sport & Leisure Sub Committee*

theWI  
INSPIRING WOMEN

Volume 9 issue 6  
June/July 2018

News from Federation House  
By June Humphry 01639 881588



### LOST/FOUND NECKLACE ON PEN Y FAN

Would the person who claimed the heart shaped Tiffany Silver necklace during the walk on Pen y Fan on 18 May 2018, please contact the office immediately.

### THE GREAT ROYAL WELSH BLOOM OFF

Tuesday 24 July 2018—Horticulture Marquee, Royal Welsh Show

Open to anyone who has **not** previously competed in the floral art section of the Show or Winter Fair, and who is interested in learning how to create a bouquet for an upcoming wedding. All materials provided. No previous experience required. No NAFAS members. Limited spaces. Advanced entries only. No entry fee. For more details and entry forms, please contact 01982 554409 or e mail amanda@rwas.co.uk

Competition winner will receive a wedding bouquet designed and arranged by renowned florist, Jonathan Lloyd-Davies.

Glamorgan

Glamorgan Federation of Women's Institutes  
13 Courtland Place  
Port Talbot SA13 1JJ

01639 881588  
www.theWI.org.uk/glamorgan  
E mail glamorgan@btconnect.com

Charity registration number 232102  
Office Hours—Monday, Wednesday and Friday 9am-2.30pm

### CONGRATULATIONS ON GAINING GOLD

Daphne Furneaux, Llanddewi and Knelston WI who with her daughter, Louise, won a 'GOLD' medal in the RHS Show at Chelsea.

The theme was 'Tropical Dream' and the title of their floral display was 'Dream-Catcher, Dream-Catch, Catch me a Dream'

### HUXLEY CUP 2018

Congratulations to Margaret Maguire, Upper Killay WI who came 3rd in the Huxley Cup Competition which was held at the Royal Three Counties Show Malvern.

### 2nd SWEEP SUBSCRIPTION FORM

Enclosed with this mailing is the 2nd Sweep Subscription Form. This is for existing members who did not pay their subscription until after 31 March 2018. Please make sure that the form is returned to:

**Federation House by Friday 10 August 2018.**

### NFWI BOARD OF TRUSTEES 2018/2019

NFWI Chair—Lynne Stubbings  
Hon Treasurer—Julia Roberts  
Vice Chair—Ann Jones  
Vice Chair—Pat Tulip

### NFWI ANNUAL MEETING 6 JUNE 2018

309 Observers from Glamorgan attended the NFWI Annual Meeting at the Motorpoint Arena, Cardiff on 6 June 2018.

The number of votes cast as announced in respect of the resolution entitled 'Mental Health Matters' was passed with 98%. Votes cast in favour 5,945 (as announced at the meeting).  
Votes cast against 103 (as announced at the meeting).



Please send all articles/contributions for **THE BACK PAGE** to June Humphry, 13 Courtland Place, Port Talbot S13 1JJ or email glamorgan@btconnect.com

## News from Sport & Leisure

By Pam Dinham tel: 01443 203770

The Walking Netball has proved to be successful, and several WIs are hoping to form teams. To find out where your nearest group meet give me a ring.

With the Summer ahead do not forget to come and join the Pentanque and Foot Golf sessions. Lots of fun. Your secretary has the application forms.

We have an Autumn Walk in the Margam area, and the application form is with your Secretary.

If you have realised you are free on 5-8 October 2018, we have a space on the Walking Holiday.

## News from Denman Myra Thomas

Tel: 01792 232662

e mail myraethomas@gmail.com

By the time you receive this, 43 members from Glamorgan will have been to Denman for an overnight stay, and tuition in 4 different crafts/lifestyle courses. No doubt we will have had some fun and plenty of laughter. I am sure the 'Bell Ringers' will be available for any forthcoming events in the Federation, and, who knows where they might tread the boards in the future.

So ladies, have you booked yourselves onto the Glamorgan Denman weekend 22-24 March 2019? If not, why not. All the information and course descriptions are with your Secretaries, but here is a little reminder.

Colour, Clothes and You, A Paper Bag but not as You Know it, Calligraphy—£330

Silver Clay and Fresh Water Pearls—£335

Fruit, Veg and Petticoats—£355 (London Markets)

Starters and Desserts, Kaleidoscope of Oxford—£375

Have you applied for a Bursary from Denman? Information with your Secretaries. Applications close on Friday 22 July 2018.

Some are for first time visits to Denman, while others are open to anyone, as long as you have not received a Denman Bursary in the last 3 years, or they are specific to certain counties. All that is required is your full name, contact details, WI and Federation, dietary needs, the Course number with a 2nd and 3rd choice, a short letter in support of your application. Have a go and Good Luck.

## News from Home Economics & Craft

By Myra Thomas tel: 01792 232662

Just a reminder that the closing date for the 'Finishing off your Knitting' with Lady Elwes is 3 August. So get your applications to Ros Morgan as spaces are filling up fast.

## News from Membership Support

By Ann Lydiard tel: 01639 776831

The Chairman of Membership Support Committee for 2018/2019 is Ann Lydiard and Vice Chairman is Pam Dinham.

Following the completion of Annual Meetings, WI Advisers organise training for new officers. If you are unable to attend the organised training sessions, please speak to your WI Adviser so alternative arrangements can be made. It is very important to start your year as an officer with the correct training to ensure the smooth running of your WI.

Don't forget your WI Adviser is there to help and guide you throughout the year.

## News from Public Affairs

By Carolyn Davies tel: 01443 223093

NFWI Wales National Heritage Project to preserve, protect and plant urban trees. It is still not too late to become a Tree Champion and take part in the exciting project. Tree Project Co-ordinators held a meeting in May to recruit Tree Champions.

How can you get involved?

- 1 Adopt a tree in your local area and monitor it.
- 2 Use an Opal Tree Guide to survey it.
- 3 Record your results on the Opal website.
- 4 Record your results through other Methods i.e. poems, photographs, maps and drawings.
- 5 Identify space for planting new trees.
- 6 Plant your own trees in you local area.
- 7 Find out what your local Tree Preservation strategies are.

To register your interest, contact Susan McPhee (tel: 01639 887963) or Pam Grey (tel: 01792 520630)

Food Poverty Stage II—The Great Food Debate II forms a second phase of the Food Matters campaign. We are encouraging all WIs to organise debates on the topic of 'Food Poverty' so that we can consider what steps need to be taken to ensure everyone has access to affordable healthy food. Holding a debate will allow you to learn about the issue of Food Poverty. We have produce a tool kit which you can download at [www.thewi.org.uk/povertytoolkit](http://www.thewi.org.uk/povertytoolkit) Which is designed to organise your debate.

## Enclosures this month

1 2nd Sweep Subscription form  
2 WI Directory 2018

## 500 Club 2018-2019

The winners of the June Draw are:

£20 No. 147—Wendy Rodgers  
£15 No. 93—Claire Atherton

## DONATIONS

So many of our WIs generously send financial donations to Federation House, and we are extremely grateful to receive these.

This month our thanks go to Treforgan WI for their donation of £25, Sker WI for their donation of £50, and Gwauncelyn WI for their donation of £20 towards the upkeep of Federation House in Port Talbot.



## WALKING NETBALL

On 11 June 38 members enjoyed a two hour taster session of Walking Netball with the assistance of coach Emily and Netball Wales. We had a warm up, practice drills to blow away the cobwebs, and then one or two games were enjoyed. The hardest part was the walking! As everyone got really involved in the games. It was great fun, and we hope to see this activity adopted by Leisure Centres in the near future.

## Coychurch WI Centenary Celebrations

The celebrations commenced on 27<sup>th</sup> May with our beautiful banner being blessed at our local church St. Crallo's.

On June 3rd members boarded the coach for a two night stay at Jury's Hotel, Albert Dock, Liverpool and en-route visited the historic city of Chester. There was so much to see and do; some members had purchased pre-booked tickets to see the Terracotta Army Exhibition at the museum. Some of the highlights being: visiting the famous Cavern Club, taking a ferry ride across the Mersey, visiting the two very different but amazing cathedrals, a ride on the Ferris Wheel and of course retail therapy in the Liverpool 1 complex.

On June 13<sup>th</sup> we held our anniversary tea party with a green and white theme and, most ladies embraced the theme adding to the atmosphere of the afternoon. The village hall was bedecked with green and white balloons, birthday banners, a beautiful cloth worked by a long standing member Miriam Tucker, our own banner, a beautiful celebration cake and the tables looked all looked amazing. Special guests attended from various WI's and the Chairman of GFWI Ann Davies; also some long standing members who for health issues are no longer able to attend meetings. The entertainment was excellent and the catering was exceptional – surpassing even a Royal Garden Party! To conclude the celebration cake was cut and with glasses raised a toast given to Coychurch WI. A presentation was then made to everyone of a Welsh Love Spoon engraved appropriately to mark the special anniversary. Then a finale with a few members singing their own tribute to the WI to the tune of "Thanks for the Memories."

Janet James, Coychurch WI

Diary dates 2018			Closing date
Murder Mystery Evening—£22	The Hi Tide Inn, Porthcawl	12 July 2018	
Chepstow Race Day—£70	Chepstow Race Course	19 July 2018	
Glamorgan WI Show	North Cornelly Community and Public Halls	21 July 2018	
Walking Holiday—£352	Holnicote House, North Devon	5/8 October 2018	
Denman Overnight Stay—£150	Denman	24/25 June 2018	
Autumn Holiday—£299	Thursford	13/16 November 2018	
Summer Federation Walk—£3	Ogmore by Sea	16 July 2018	
Pentanque (Boules) Day—£3	Pontyclun Rugby & Sports Club	10 August 2018	
Cooking with Lavender—£12	Murton Methodist Church	8 September 2018	
Federation Quiz—£10 per team	Hi Tide, Porthcawl	11 September 2018	27 July 2018
Foot Golf—£12 per person	St Mary's Golf Club, Pencoed	13 September 2018	31 July 2018
Autumn Federation Walk—£3	Margam Park	24 September 2018	1 September 2018
Malvern Flower Show—£30	Malvern	30 September 2018	
How to Finish your Knitted Garments—£15	Federation House	9 October 2018	3 August 2018
Federation Dinner—£23	Hi Tide, Porthcawl	18 October 2018	14 September 2018