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Coychurch WI—As our way of celebrating the WI Centenary, Coychurch WI had an afternoon tea and played croquet at the Coed y Mystwr Hotel in Coychurch. Members were encouraged to dress up in any decade of the century. We had some from the Land Army, the Rock'n Roll years, two hippies one asking for 'Peace' and the other to 'Ban the Bomb'

Sandra Davidson, Coychurch WI

How the Vale Link celebrated the Centenary AGM - On 4 June the WIs of Llanmaes, Boverton, St Athan, Llantwit Major and Rhoose came together to watch the live broadcast from the Royal Albert Hall. The venue was the Bethel Baptist Church Hall at Llantwit Major, which was decorated by many metres of knitted bunting courtesy of Llanmaes Craft Group and St Athan WI. The 72 members were welcomed with tea/coffee and biscuits before singing Jerusalem to begin the broadcast. A sumptuous lunch was served in the break and home-made cake with tea/coffee during the afternoon. The atmosphere was such that members found themselves actually applauding as if they were really at the Albert Hall!! All present agreed that it was a truly memorable day and all without travelling to London.

Margam WI Celebrate on 4 June 2015



It was a matter of pride for our members that we celebrated at The Grove Golf Club, after all it was the first time ever that two members of the same WI were receiving awards at The Royal Albert Hall at the AGM of the WI.

Mrs Ann Evans was awarded the Huxley cup for the floral arrangement, which she won in 2014.

The cup was presented by the Countess of

Wessex. Mrs Gayney Jones also received an award for her winning quilted wall hanging, which was her entry in The Makower Challenge; The Princess Royal made her presentation. At The Grove, we were lucky enough to watch the event live via an Internet link and there was a great deal of excitement when the presentations were made.

Rhoose WI - The June meeting on the 4 June was the culmination of a busy week for Rhoose WI. On 2 June members Jeannie Morris Peters and Ann White attended the Royal Garden Party at Buckingham Palace, which celebrated the Centenary of the National Federation of WIs. On Thursday 4 June President Jenny Reed attended the Centenary Annual Meeting at The Royal Albert Hall. This was attended by the Queen and other members of the Royal family. The event was live on the internet and several Rhoose members attended a screening organised by Llanmaes WI and other members of the Heritage Link. This was a very enjoyable day, and everyone was able to partake of the events at the Centenary Meeting as they happened. Lunch and afternoon tea were served and the organisation was superb. Many thanks to the organisers! The June meeting of Rhoose WI took place on that evening so it was very relaxing to hear poet Jan Price giving readings of her work as the speaker. These were very amusing and just what was needed at the end of a very busy day.

Jill Jones, Rhoose WI

Tir Iarll WI—On the day of the National Broadcast of the NFWI Centenary Annual Meeting, broadcast live from the Royal Albert Hall, Tir Iarll WI, Llangynwyd decided to have its own Thanksgiving Service at Llangynwyd Church, Llangynwyd. Vicar Geraldine Blythe held the Service and the Dean of Llandaff, Gerwyn Capon and Verger, Jonathan Hoad were invited to the Service. The Banner was carried by Julia Tomkins, her mother Ruby Donnelly had made the banner. Of course there had to be lunch, at the Old House, Llangynwyd, where members dined on a buffet lunch. Throughout lunch we watched the broadcast via the internet. A champagne toast was given by our President, Susan Hughes, wishing all WIs well and hoped they were having as great time as we were at Tir Iarll. There were plenty of photos and chat, everyone had a great day. The celebrations seem to go on and on.

Ann Rees, Secretary Tir Iarll WI

Glynneath & District WI— Two of us were fortunate enough to be chosen to attend the Centenary Garden Party at Buckingham Palace. It was an experience we'll always treasure. We met a number of friendly, chatty people from many parts of the UK.

The icing on the cake was being presented to the Duchess of Gloucester. Amazingly, we were in the right place at the right time to have the good fortune, out of 8,000 women, to have this honour. The Duchess spoke at length to Mair as she'd met her 30 years ago in New Zealand. It was truly a happy and glorious day.

Mair Boyd and Jean Jones, Glynneath & District WI

Merthyr Mawr WI Bristol Harbour & Avon River Trip

On 9 June to celebrate the WI Centenary, Merthyr Mawr WI set out to Bristol for a cruise on the River Avon. We set off from Bridgend in good spirits and luckily it was a dry day, although it could have been a little warmer. Arriving in Bristol we were dropped at the Harbour-side. There was time for us to wander around, have a coffee and visit the M Shed. The M Shed is a museum showing the amazing history of Bristol from prehistoric times through to the present day through rare and quirky objects and stories of the people who have made the city what it is today.

At 12 o'clock we boarded the 'Silver Salmon' which was to take us up the river. Starting off through the swing bridge we had delightful views of the picturesque scenery as we cruised leisurely upstream. We finished by touring the historic harbour area and passing Brunel's SS Great Britain, the world first luxury cruise liner. Whilst on board we enjoyed a delicious buffet meal and President Margaret Batten cut a special celebratory centenary cake. This was followed by all members joining in a spontaneous and hearty rendition of Jerusalem

A truly lovely day which was enjoyed by all.

Fiona Cater, Merthyr Mawr WI

On 10 June Mynydd Cynffig WI held the dedication of their new WI banner in St Theodore's Church, Kenfig Hill. Our link members from Laleston, Pen y Fai and our friends from Glynhir WI attended as well. The service was conducted by Father Jonathan, who gave a short talk on the virtues of the WI. After we all enjoyed a strawberry tea which was well received. Marjorie gave a vote of thanks to all who attended, with a special vote of thanks to Enid our secretary who assembled the new banner. All agreed the afternoon was a great success.



**Volume 2 issue
July/September 2015**

**News from Federation House
By June Humphry 01639 881588**

Feds of Wales Conference Holiday 20/24 April 2016

The venue for the Federation of Wales eve of conference entertainment has been changed and is now taking place in the Albert Hall in Llandrindod Wells.

Great news for Glamorgan as we are staying in the Metropole Hotel in Llandrindod Wells which is only half a mile from the new venue.

Closing date for the holiday is Friday 31 July 2015.

FEDS OF WALES CONFERENCE 19 September 2015

I am delighted to announce that the second speaker for the Annual Conference will be Connie Fisher, the actress and singer who won the BBC One talent contest 'How do you solve a problem like Maria?'

Tickets are still available for the Conference and Gala Concert.

Gala Concert—£25; Centenary Conference—£15
Special Offer—Both events £35

Campaign to improve the promotion and labelling of Welsh meat products—NFWI— Wales is calling on WI members to use their consumer power to support the Welsh food industry by taking action to improve the promotion and labelling of Welsh red meat products. At the Royal Welsh Show, NFWI-Wales and NFU Cymru will be launching a joint campaign which will involve WI members across Wales being the eyes and ears of farmers when shopping both in-store and on-line and also when eating out.

Action for members:-

When you are purchasing beef or lamb products ask yourself:

- Welsh beef and lamb get a fair share of the shelf space?
- Is it clearly labelled Welsh? Look out for the red tractor logo and PGI (Protected Geographical Indication) mark
- Is it lost or mixed in amongst imported products?

Take photographic evidence of both good and bad practice

Most importantly: speak or write to store managers about any bad practice that you have seen and how it can be rectified. Let NFWI-Wales know of the responses you get.

When you are eating out:

- Does the menu contain locally sourced products, particularly red meat—and is the meat branded as Welsh?
- If you're unsure of what is being offered on the menu can you question the staff?

E-mail your evidence to NFWI-Wales (s.thomas@nfwi-wales.org.uk) or Sarah Jones at NFU Cymru (sarah.jones@nfu.org.uk) so that they can be shared on social media.

Glamorgan

**Glamorgan Federation of Women's Institutes
13 Courtland Place
Port Talbot SA13 1JJ**

01639 881588

**www.theWI.org.uk/glamorgan
glamorgan@btconnect.com**

Charity registration number 232102

WI DAY 16 September 2015

How is your WI celebrating the Centenary on the 16 September?

Please let us know if your WI is arranging something special to celebrate this event.

Charity Commission—Improvement of online services

The Charity Commission is always looking to improve the content and services on its website. In order to do so, they listen to their users, whether they are charity trustees, employees, advisors or members of the public.

The Charity Commission receives feedback in a number of ways; however one of the most effective is to observe people undertaking tasks on its website, including seeking guidance or completing a form. This information will be very useful to the Charity Commission in knowing how to make things easier for users. The tests usually take less than an hour and the Charity Commission would be able to visit you.

Any individual interested in taking part should contact Ian Roughley via e mail at usability@charitycommission.gsi.gov.uk



Please send all articles/contributions for **THE BACK PAGE** to June Humphry, 13 Courtland Place, Port Talbot S13 1JJ or email glamorgan@btconnect.com

OFFICE CLOSURE—Federation House will be closed for the summer holidays from Monday 3 August until Monday 24 August

News from Membership Support
By Carol Atkinson tel: 01656 782761

Glamorgan has had a very successful year in opening new WIs this year. As a result of this we have had to reorganise the Social Link List. Enclosed in the mailing is a copy of the New Social Linking list. Please check the list to see if your WI has had to change. If you have any queries re the changes please contact me and not the office.

News from Home Economics & Craft
By Clare Barrett tel: 07736 069039

We look forward to meeting you on our visit to the National Botanic Garden for the Apple and Pear Day on 17 October and at the Festive Dabble Day on 14 November at North Cornelly Community Centre.

News from Denman by Sylvia Tittley, Denman Ambassador
Tel: 01639 850899—
e mail sylvia.te@btinternet.com

Glamorgan Federation Denman Weekend 18-20 March 2016

I am very pleased to tell you that the above weekend is now completely full. Once again Glamorgan is filling the college to capacity. May I take this opportunity to thank all who have applied, confirmation letters will be issued shortly.

Overnight Designer Day 11-12 October 2015

I would be grateful if those going on the above would send in their completed forms and balance of payment to me as soon as possible, well before the closing date. Also for those members, I look forward to meeting you at Denman, for many a first visit, for others an enjoyable return.

Spend the Day with PDSA Thursday 29 October 2015, Denman, Oxfordshire Attendance is FREE

In a very special event, the WI welcomes PDSA and two of its celebrity supporters to Denman to share in a day of knowledge, nostalgia and baking! TV vet Steve Leonard and PDSA Director General Jan McLoughlin will talk more about the work of PDSA and TV chef and PDSA supporter Colin McGurran will share how he became involved with the charity following his success on the BBC's Great British Menu.

Colin will also be giving a very special baking demonstration during the afternoon and will take questions from the audience. Join us for interesting and enlightening sessions

- **Pet owners of today and how PDSA helps them**
 - **PDSA tomorrow—**The challenges faced by our pet nation and what their future holds
 - **PDSA and me, by TV vet Steve Leonard**
 - **PDSA Dickin Medal—**Its heritage and heroes
 - **Colin McGurran—**BBC's Great British Menu chef on hero pigeons and Dickin Medal desserts
- Attendance is free and places will be allocated via a ballot on 8 September 2015.**

Arrive 10am for refreshments in time for a 10.3am start, a buffet lunch and afternoon tea is also Provided. The day will finish at approximately 4pm.

News from Public Affairs
By Glenys Care tel: 029 2132 1369

Big Talk on Organ Donation
Seven WIs from across Wales have joined forces to get people talking about organ donation and to help support the Organ Donation Wales campaign by raising awareness within their communities about the changes to the organ donation law coming into force on 1 December with the introduction of a soft opt-out system for organ donation.

WIs currently signed up to get involved in the Big Talk initiative include Menai Straits WI, Little Mill WI, Cwmffrwd WI, Tregynon WI, Llanddulas WI and Blaenau Ffestiniog WI. During the coming months the WIs will be getting engaged in awareness-raising activities, for example, putting posters up in local community spaces such as cafes, shops, GP surgeries and dentists; hand delivering leaflets to households; and inserting leaflets into local publications. Other WIs with an interest in getting involved should contact the NFWI Wales Office for further information.

NFWI Wales Office, 19 Cathedral Road, Cardiff CF11 9HA tel: 029 2022 1712
Sarah Thomas e mail s.thomas@nfwl-wales.org.uk

News from Combined Arts
By Novello Peters tel: 01656 674191

Our Carol Festival in the Brangwyn Hall Swansea is fast approaching. You, your family and friends are all invited, to what promises a wonderful evening. Only Men Aloud were our guest artists at the beginning of their career and Gail and Steffan, I am sure, will follow in their footsteps.

See flier for further details

Congratulations Members who had a photograph printed in the 2016 calendar:
Carol Clarke, Treorchy WI; Cynthia Sidey, Sker WI; Jane Patten, Whitchurch WI; Gwyneth Pearson, Gwaelod y Garth WI; Janice Rowlands, Cockett WI; Christine McKendrick, Pencoed WI; Liz Biggs, Catwg WI; Mary Taylor, Cimla WI; Sally Tarlton, Llantwit Major WI; Ann Jones, Pen y Fai WI; June Humphry, Coychurch WI and Liz Knowles, Cwmafan WI. The winners have been sent a complimentary calendar.



The theme for the 2017 calendar is '**Garden Scenes**' any season.
Application form with this mailing.

500 Club 2015-2016



The winners of £25 in the July Draw

- No. 112 — Anne Button
- No. 154 — Carole Bromham

Enclosures this month

1. Social Link - Green
2. WI Directory - White
3. Festive Dabble Day - Gold
4. Carol Festival tickets - Pink
5. Calendar 2017 - Blue

SPEAKERS CORNER.. Just a few more ideas for your next programme..

Let us have your recommendations for good speakers or trips..

⇒ Kate Haworth is a Medical Herbalist and gives the following talks—History of Herbal Medicine—Giving a brief insight into the important people that shaped Britain and Europe's herbal past and how Herbal Medicine is used today. Talk is approximately 40 minutes; fee £30-£40 depending on the distance travelled.

Herb walks—During the walk participants will learn how to identify and use a variety of local medicinal plants, with many to taste and gather along the way. To really appreciate the variety of local flora it is nice to do a couple of walks at different times of the year. Walks are weather dependent and take around 2 hours. Group bookings for a maximum of 15 people are £40. The location and terrain are adaptable to meet participants needs and ability. Tel: 07515 107126 or e mail katehaworthherbs@gmail.com

⇒ 'Go Green 4 Health - New walking project in Neath; would you like a visit from Grant and Gail about the new Go Green 4 Health project in Neath? Cimla and Langford groups in Neath are welcome to join a new project encouraging people to get active outside. We run regular walks on Wednesday at 12.30pm and 5.30pm meeting in Victoria Gardens. Please contact Grant or Gail on 01639 697196

⇒ Our speakers provide an inspiring, illustrated presentation about the work of the world's largest charity hospital-ship the 'Africa Mercy, and the dedicated volunteers who provide free medical treatments in countries which lack healthcare services. There is no fee—donation, collection or fundraisers are very much appreciated and will make a big difference. Contact Jane Palmer 01438 347481 or e mail jane.palmer@mercyships.org.uk

Diary dates 2015			Closing date
Walking Holiday	Lulworth Cove, Dorset	2/5 October 2015	
Denman Overnight stay	Denman College	11/12 October 2015	
Feds of Wales Conference & Gala Concert	St David's Hall Cardiff	18/19 September 2015	
Outdoor Bowls	Kenfig Hill & Pyle Bowls Club	5 September 2015	
Activity Taster Day	Virgin Active, Llandarcy	8/9 September 2015	31 July 2015
Murder Mystery Evening	Hi Tide, Porthcawl	11 September 2015	31 July 2015
Federation Quiz	Hi Tide, Porthcawl	15 September 2015	31 July 2015
An evening with Mark Evans	Grand Pavilion, Porthcawl	15 October 2015	31 July 2015
Celebrate 100 years of Making an Impact	Hi Tide, Porthcawl	3 October 2015	31 July 2015
National Botanic Gardens	Llandeilo	17 October 2015	14 August 2015
Federation Dinner	Hi Tide, Porthcawl	22 October 2015	31 July 2015
Taff River & Glamorgan Canal Walk		27 October 2015	15 September 2015
Scrabble Competition	St David's Church Hall, Pencoed	7 November 2015	30 September 2015
Festive Dabble Day	North Cornelly Community Centre	14 November 2015	20 September 2015
Craft Spectacular	Margam Orangery	21 November 2015	31 July 2015
Bridge Competition	Ystradowen	28 November 2015	16 October 2015
Carol Festival	Brangwyn Hall, Swansea	7 December 2015	
Feds of Wales Conference 2016	Builth Wells	20/23 April 2016	31 July 2015